



Creating the Conditions for Connection & Safety

Hosted by Little Pineapple Collaborative & In Harmony

Creating the Conditions for Connection & Safety is a three-part learning series for people managers and executive leadership who want to build more human, equitable, and psychologically safe workplaces. Moving through three levels of awareness—personal, interpersonal, and structural—each session builds on the last, offering reflective practices and practical tools leaders can use right away.

Session 1: Self-Awareness & Practice

Begin to cultivate personal practices that support clarity, calm, and connection especially during change personally or professionally.

Session 2: Group Alignment & Collaboration

Learn how to use group awareness tools to build shared safety into your team and workplace spaces, and practice through tailored scenarios.

Session 3: Systems Thinking & Collective Action

Begin to cultivate team practices that support empathy, well-being prioritization, and clarity in decision making through systems change.

Series Facilitators

We come from different backgrounds; Cherice as an advocate and Kelsey in public health. Together, we equip leaders with the awareness, language, and tools to make connection and safety not just a value, but a practice.



Cherice Hopkins



Kelsey Manne

For more information
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